

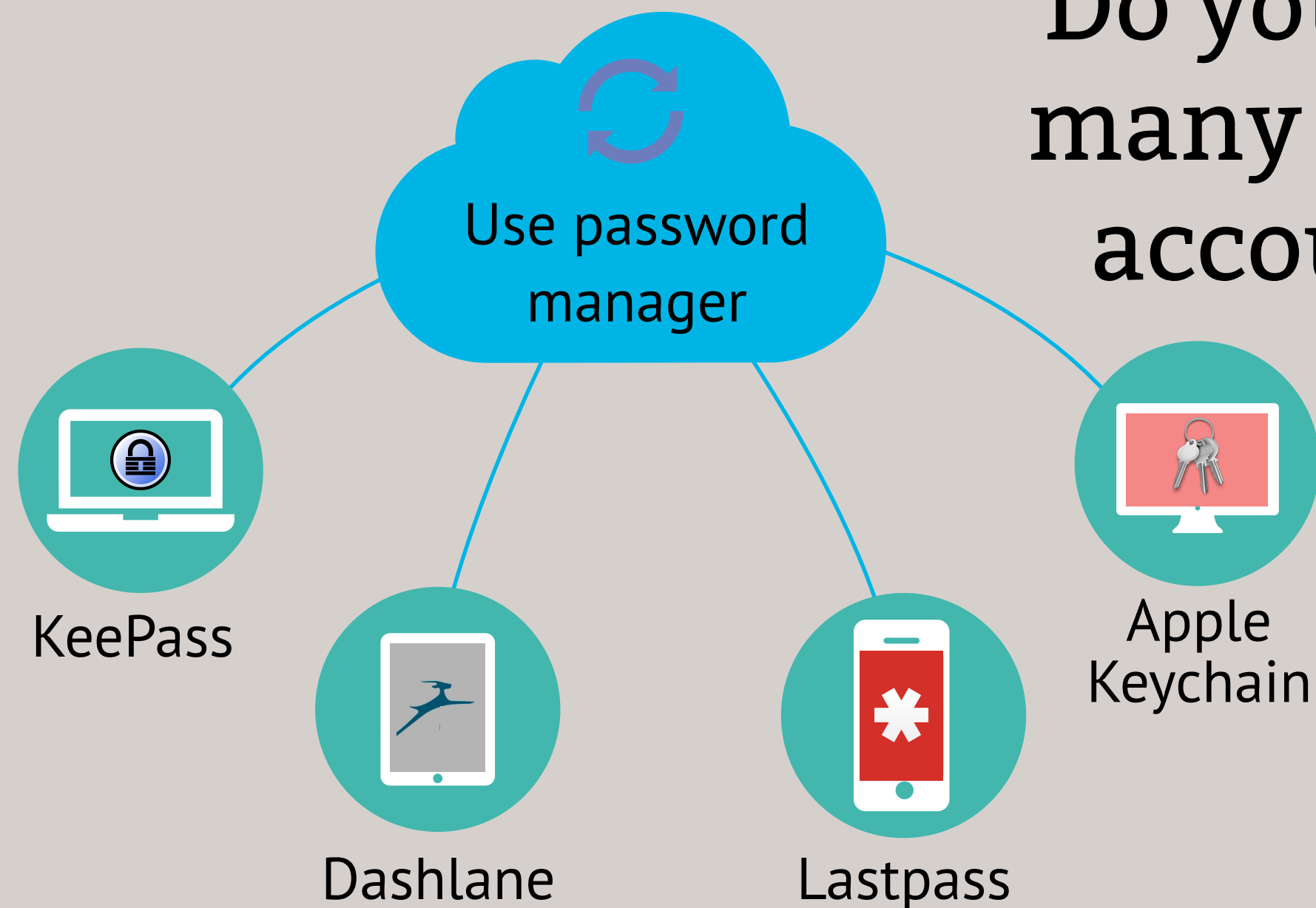


Avoid easy
to guess
passwords?



But, how to create
complex passwords that
are easy to remember?

Do you have
many online
accounts?

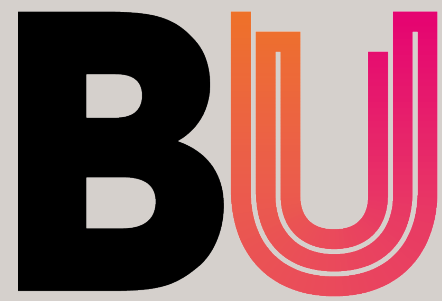


Step 1 Use a phrase or a sentence.
e.g. I eat a burger everyday

Step 2 Change some characters.
e.g. from character 'I' to '!'
eat = 34t
a = A
burger = Bur9er
everyday = e^eryday
space = *

Step 3 Now, combine them all.
e.g. !*34t*A*Bur9er*e^eryday
or !EatABur9erEveryday

Alternatively, follow [NCSC's advice](#) to use three random words. You just put them together, like '7SwimSugarOak@' or '£8NutsHospitalDell'.



Bournemouth University

KeePass is free for Windows, OSX and Linux

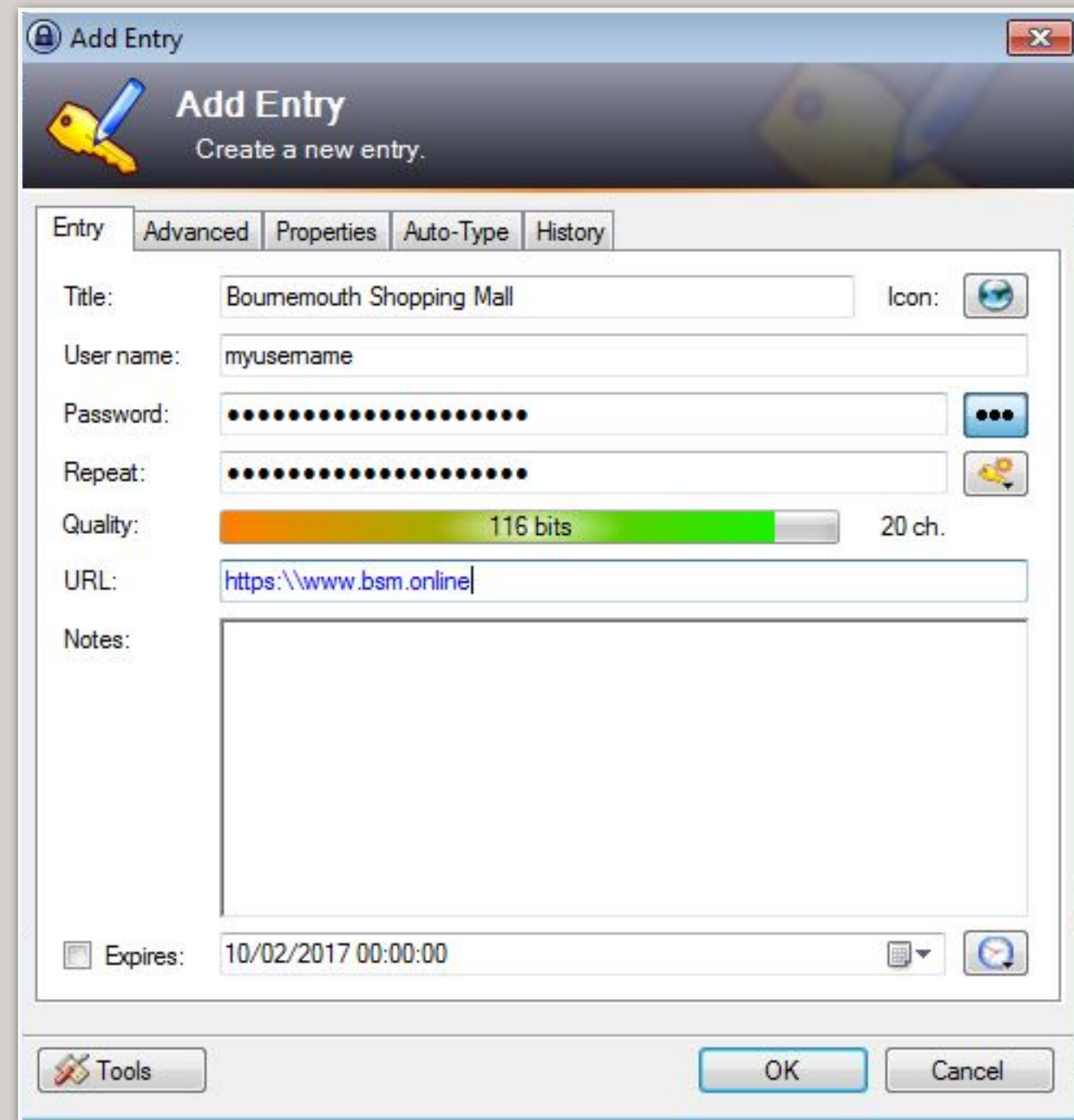
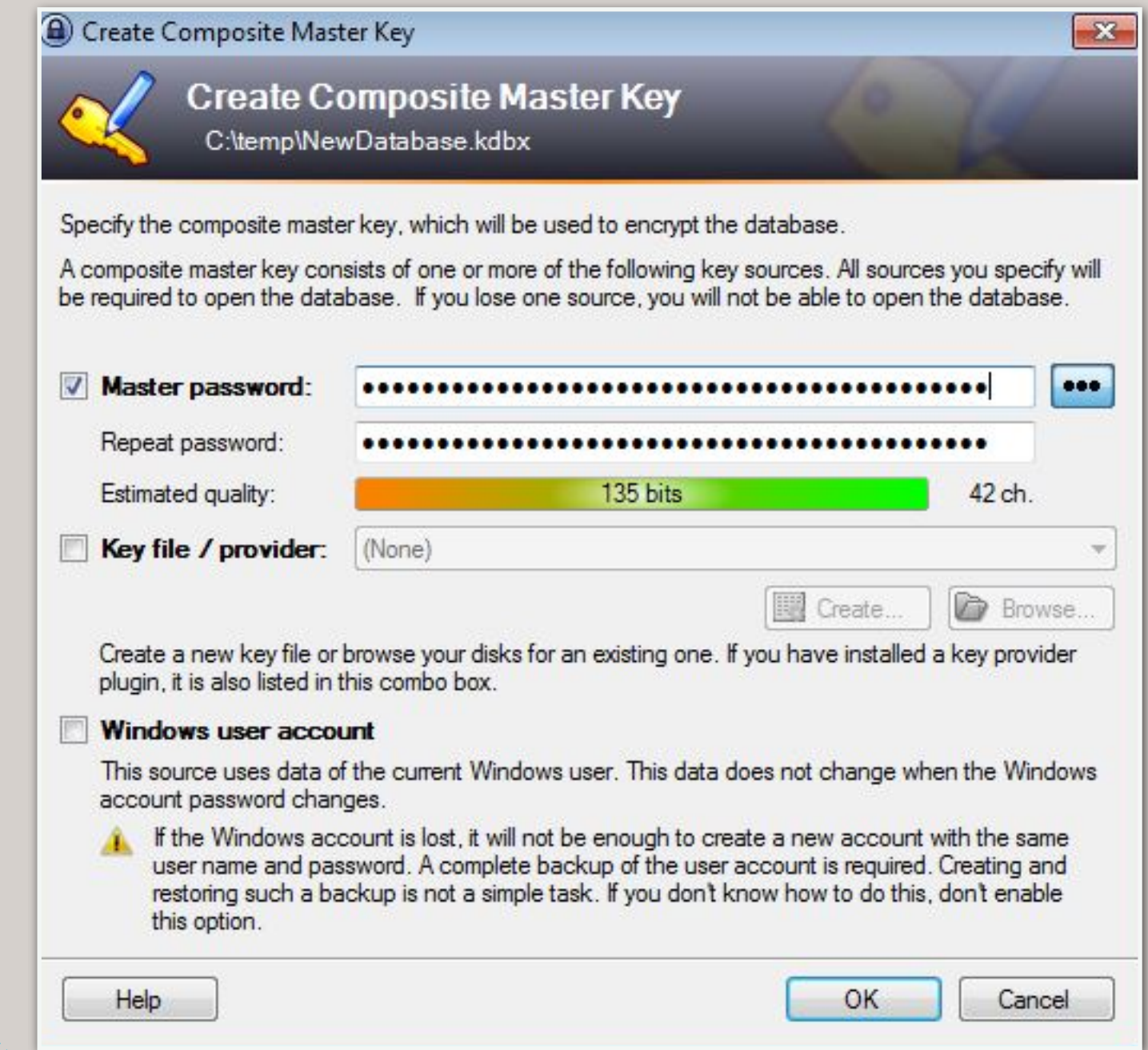


Get the **KeePass** from:
Personal devices - www.KEEPASS.INFO
BU computers - snow.bournemouth.ac.uk

1

Set master password

2



Add entry

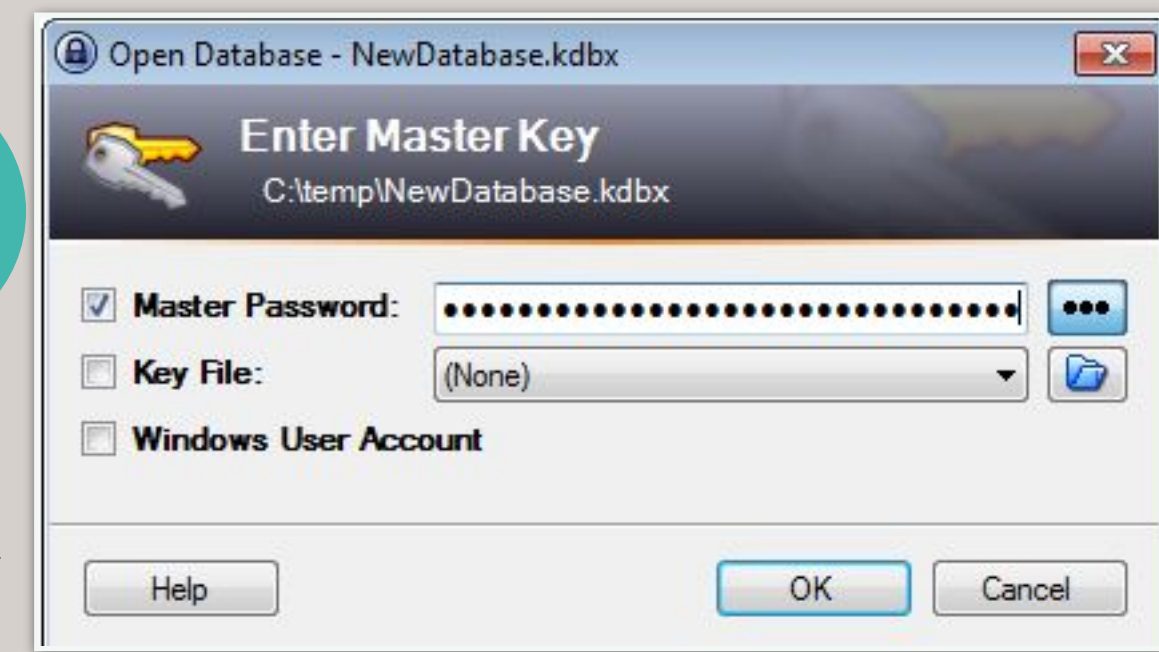
4

5 Enter the account details



3 Use the master key to access the password database

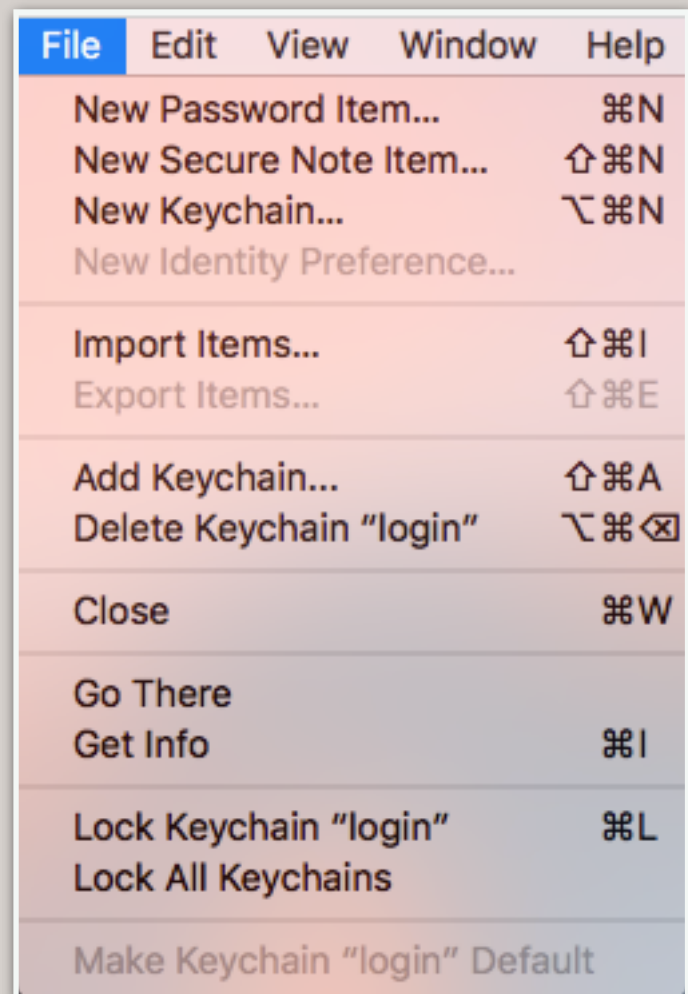
3



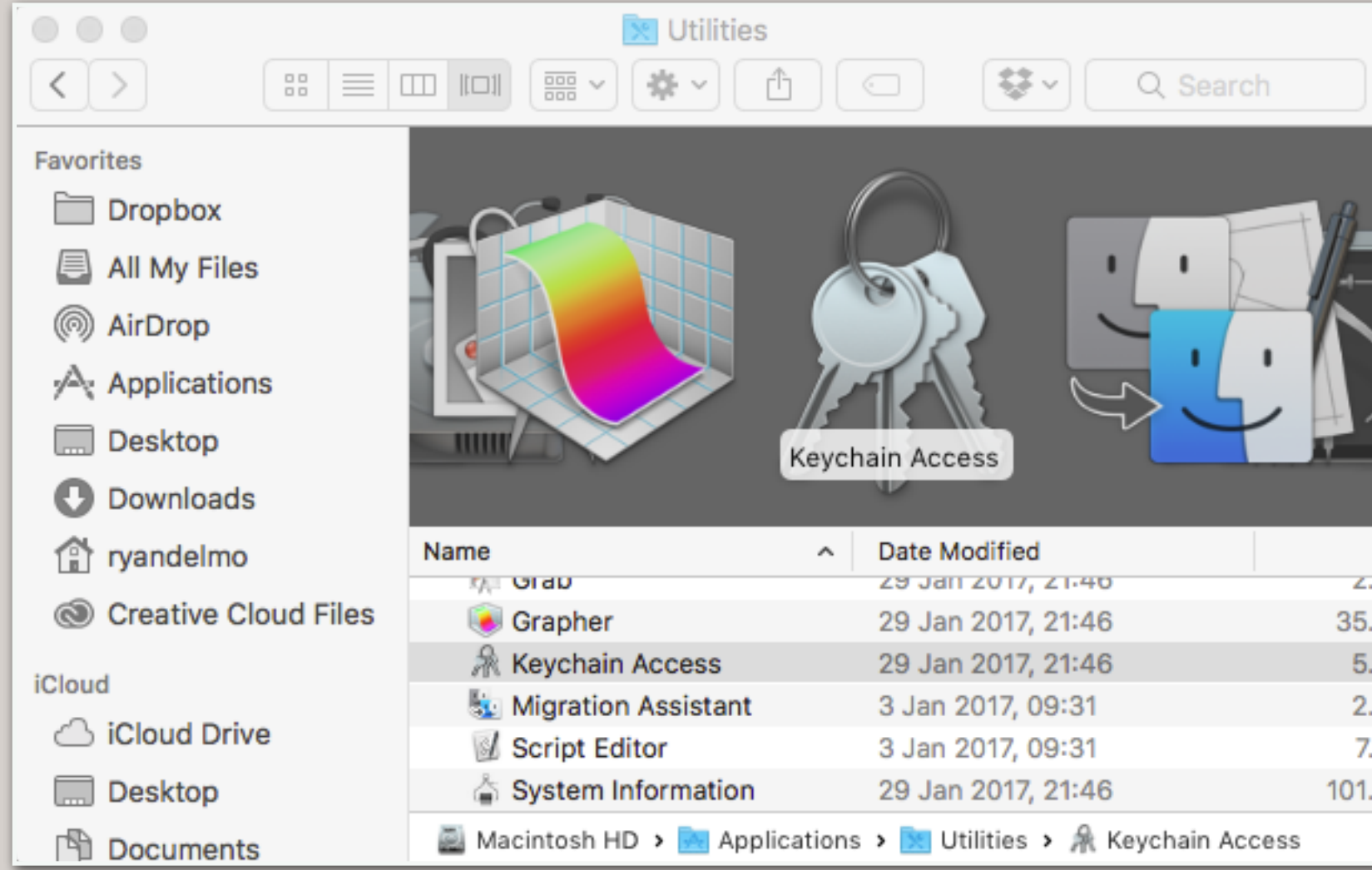
IT Services

Mac OS X's password manager

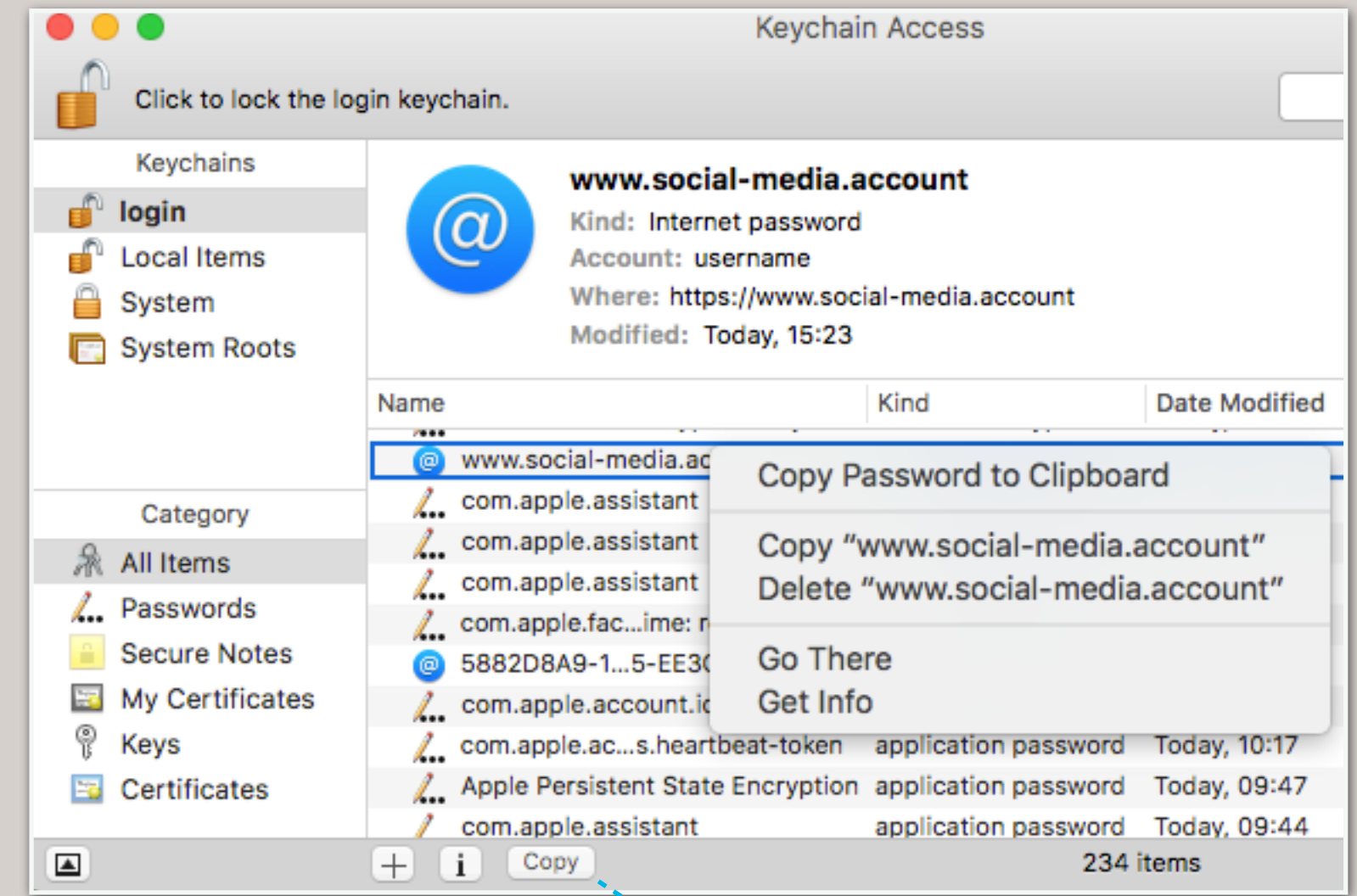
1 is called **Keychain**



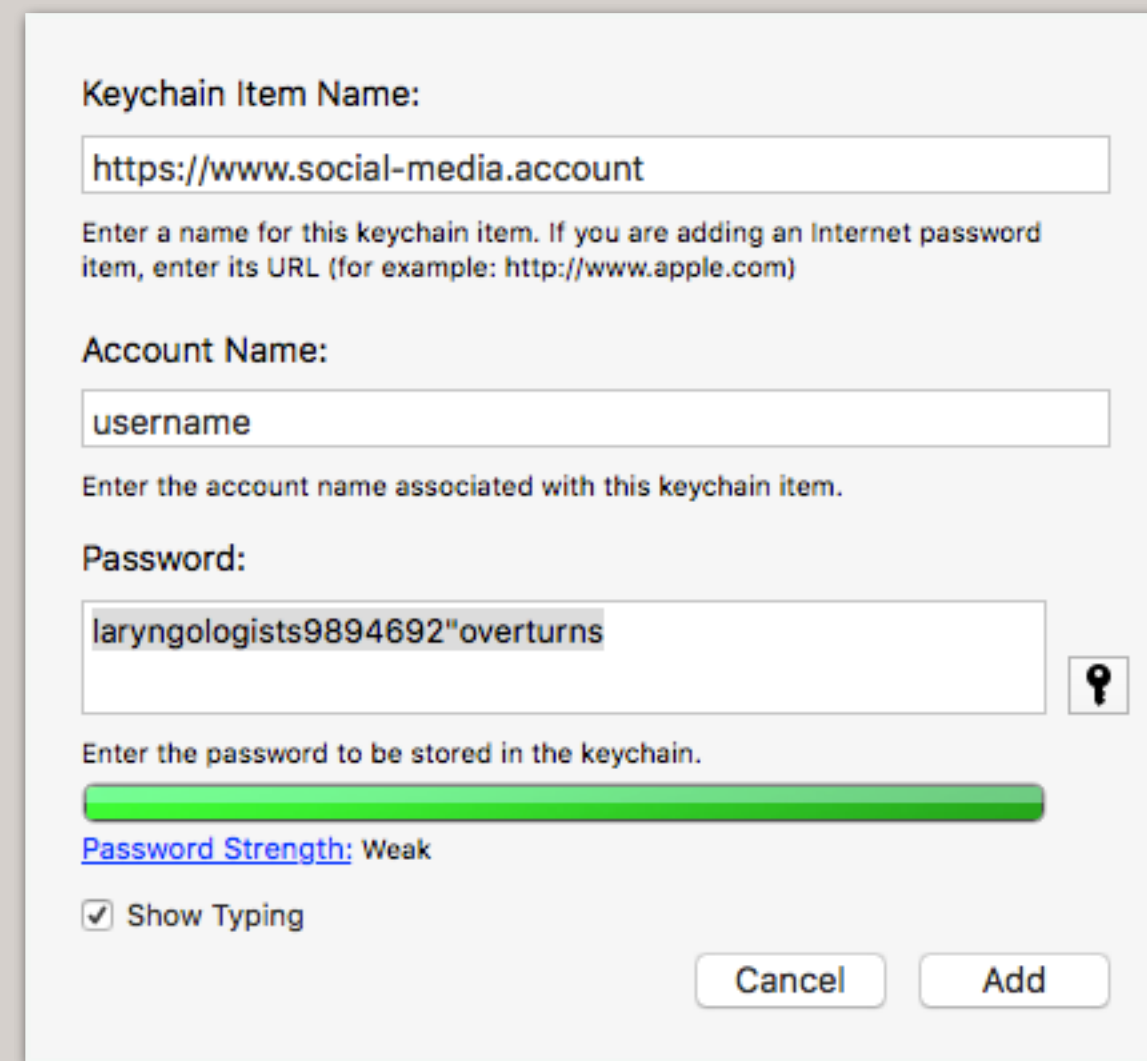
2 Add a Keychain item



4 To use the password, click the **Copy** button

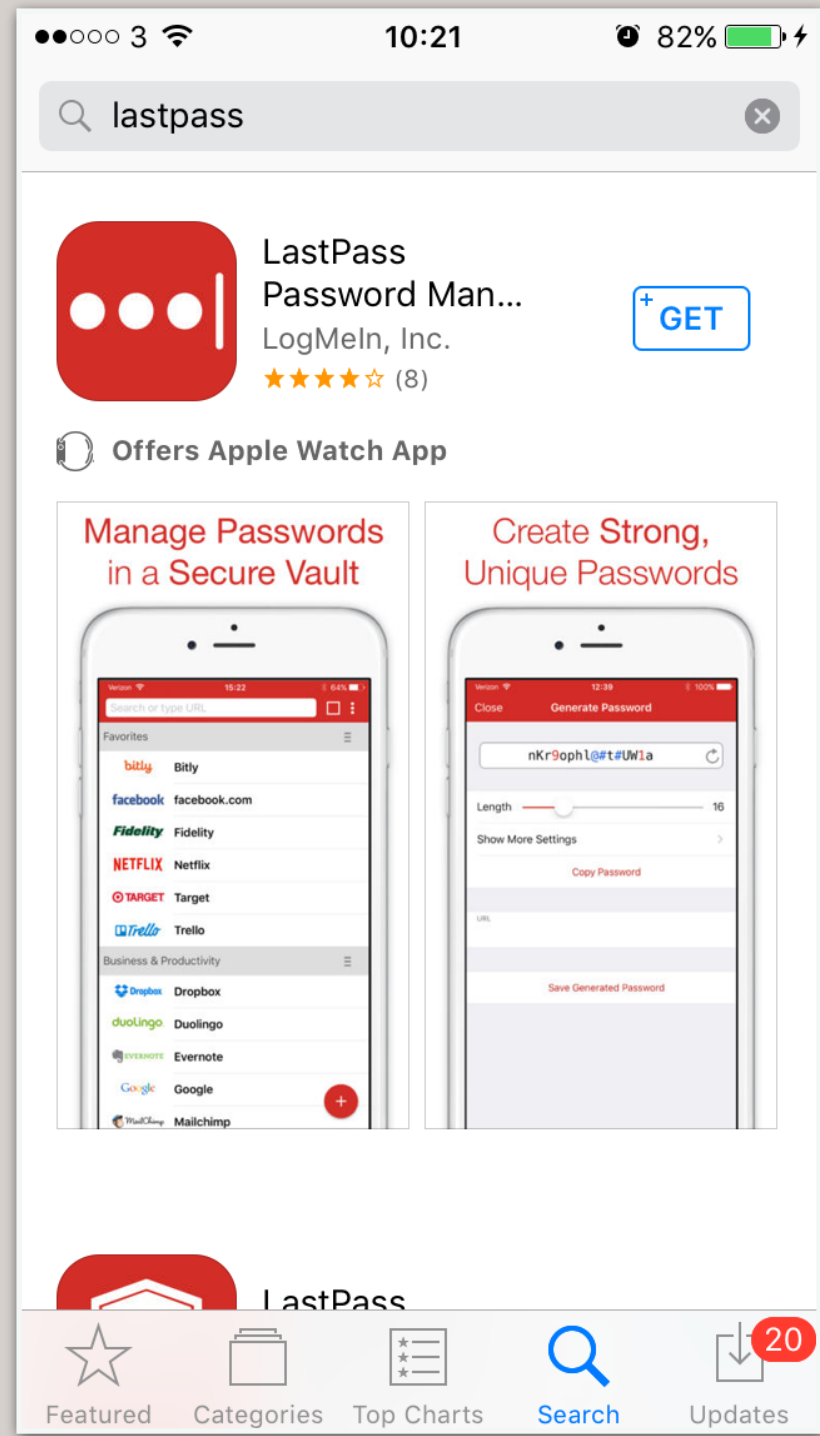


3 Enter the account details

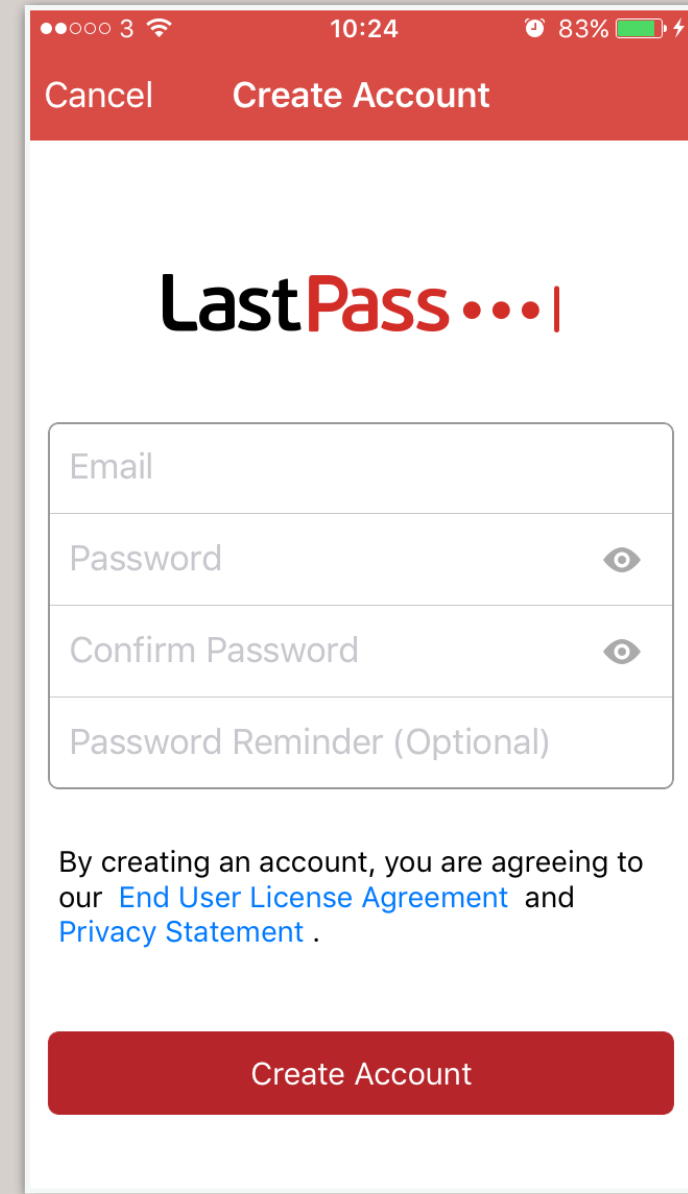
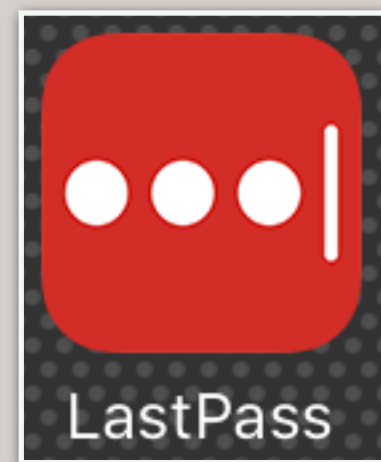


1

Get LastPass
on App Store



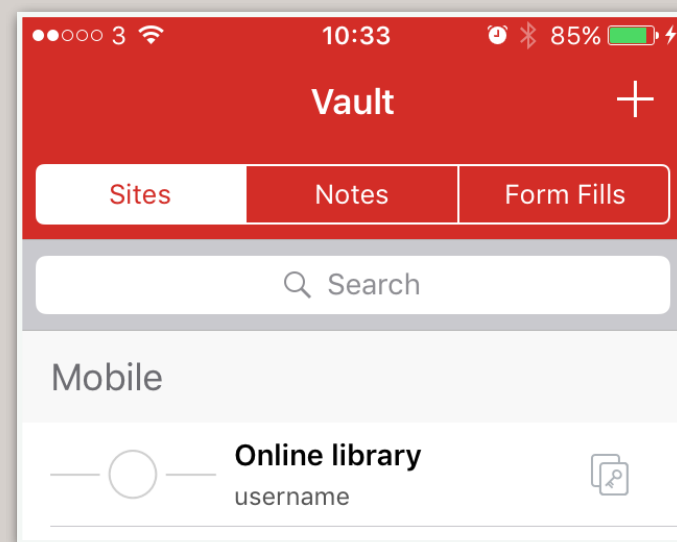
Try password
manager app
on mobile
devices



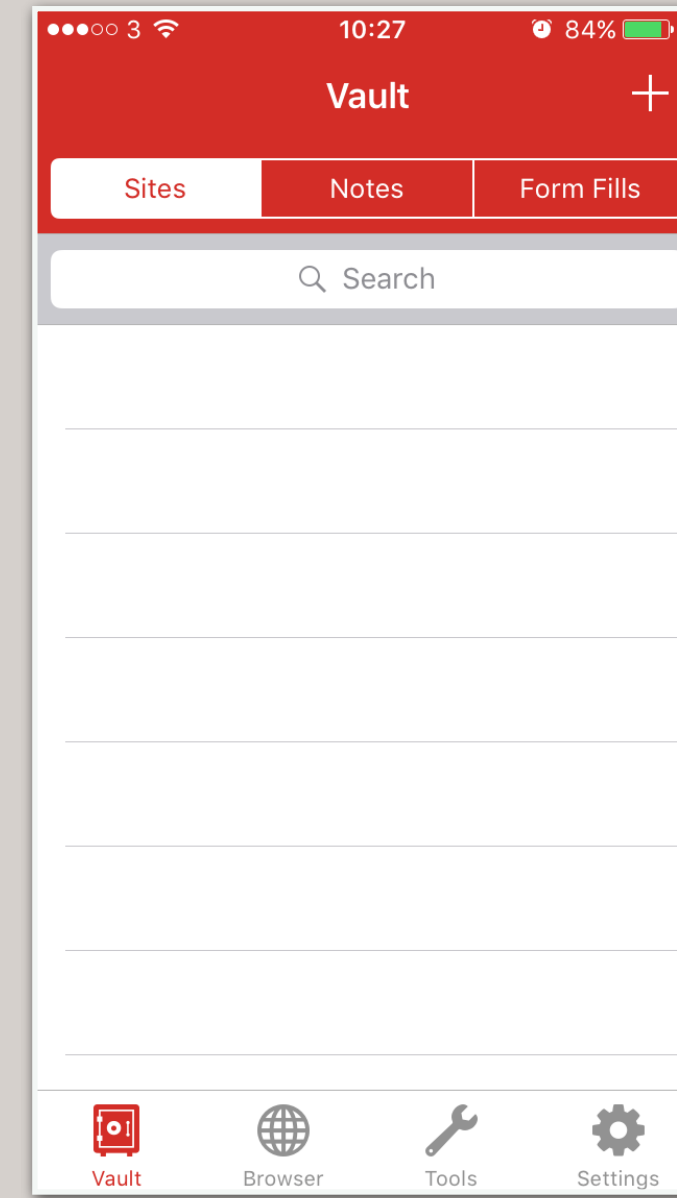
6
Click
the **key**
icon to
copy the password

2

Open
the
app
and
signup

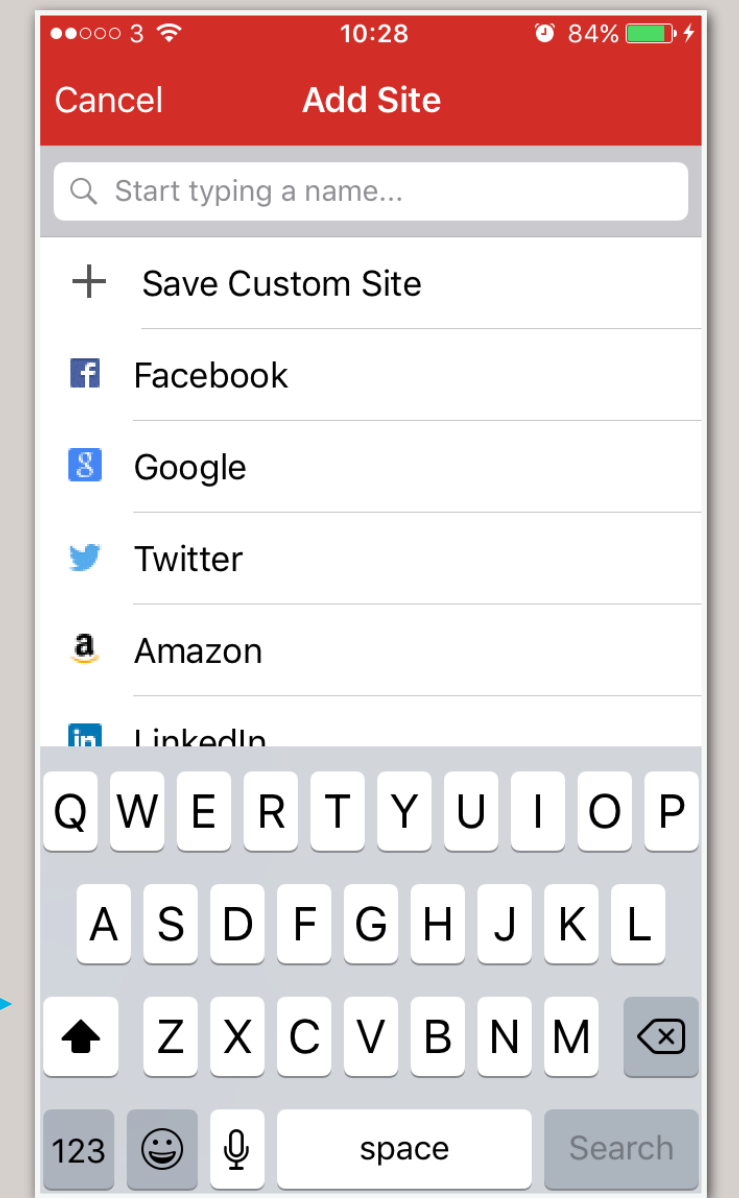


5
Save
your
login
details



Click
the **+**
sign

3



4
Start
adding
your
online
accounts

